# Interactive Visualization of Muscle Activity During Limb Movements: Towards Enhanced Anatomy Learning



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INRIA, LJK-CNRS, TIMC-IMAG, GIPSA-lab, Persyval-Lab, Univ. Grenoble Alpes, LADAF











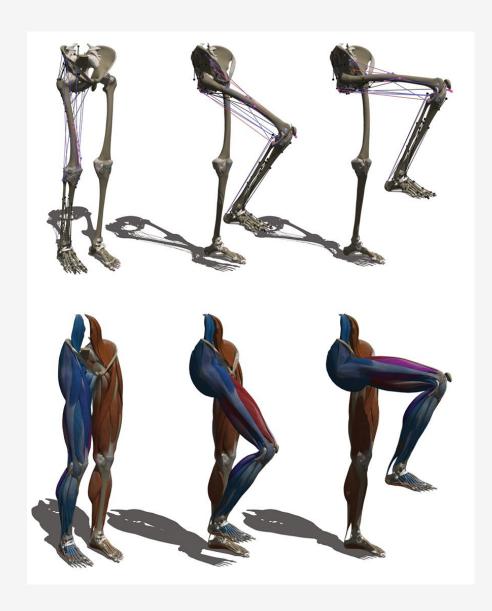








## **Overview**



## **Related Work**

- Learning Anatomy
- Related Work

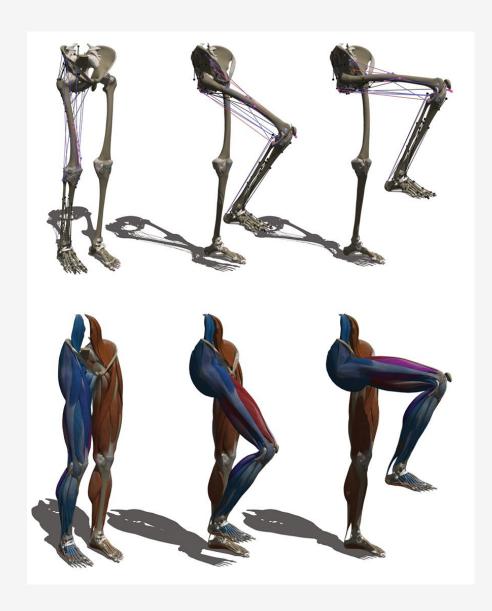
### **LBA Architecture**

- LBA Project
- Kinect & User-Specific 3D Avatar
- Muscle Activity data
- Model & Results

**Conclusion & Future Work** 



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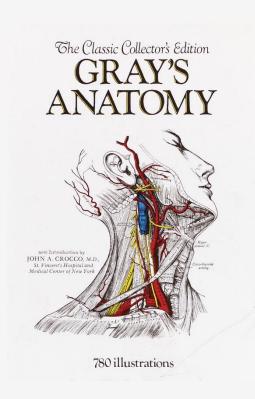
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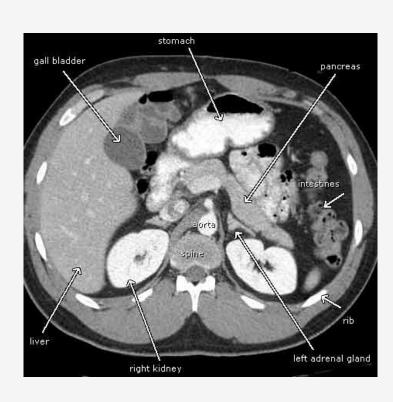
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# **Learning Anatomy: Classic Methods**



**Gray's Anatomy** 



**CAT Scan (CT)** 

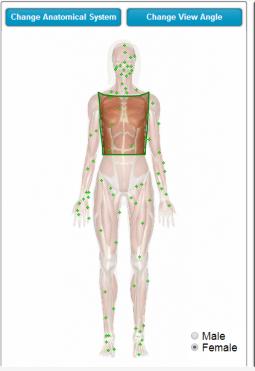


**Anatomical Model** 



# **Learning Anatomy: 3D Visualization**





#### Muscles of the Chest and Upper Back

The muscles of the chest and upper back occupy the thoracic region of the body inferior to the neck and superior to the abdominal region and include the muscles of the shoulders. These important muscles control many motions that involve moving the arms and head – such as throwing a ball, looking up at the sky, and raising your hand. Breathing, a vital body function, is also controlled by the muscles connected to the ribs of the chest and upper back.

The bones of the pectoral girdles, consisting of the clavicle (collar bone) and scapula (shoulder blade), greatly increase the range of motion possible in the shoulder region beyond what would be possible with the shoulder joint alone. The muscles of this region both allow for this range of motion and contract to stabilize this region and prevent any extraneous motion. On the anterior side of the thoracic region, the pectoralis minor and serratus anterior muscles originate on the anterior ribs and insert on the scapula...

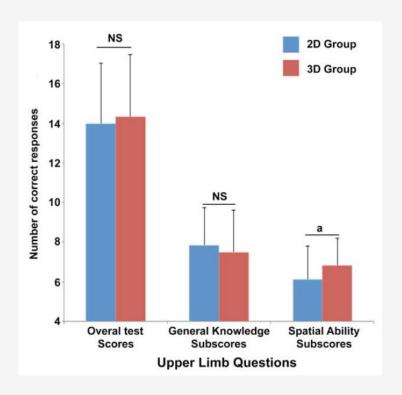


Medicine [InnerBODY, 2013]

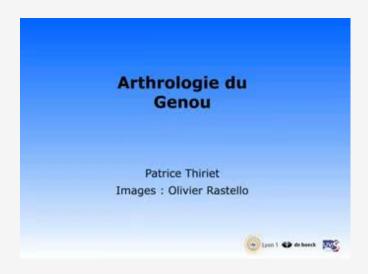
**BioDigital Human** [https://www.biodigitalhuman.com/]



## **Learning Anatomy: Animation**



(1) [Nady Hoyek & all, 2014]



Fovea MOOC[anatomie3d.univ-lyon1.fr/]

(1) Effectiveness of Three-Dimensional Digital Animation in Teaching Human Anatomy in an Authentic Classroom Context

Nady Hoyek, Christian Collet, Franck Di Rienzo, Mickael De Almeida, Aymeric Guillot Anatomical Science Education, 2014 mar 27



# **Embodiment Theory**

# "Our Motor System Influences our Cognition"

#### **Embodied Cognition and Virtual Reality in Learning to Visualize Anatomy**

Susan Jang, John B. Black, Robert W. Jyung Proc. CogSci, 2010

#### **Eroding the Boundaries of Cognition: Implications of Embodiment**

Anderson ML, Richardson MJ, Chemero A *Topics in cognitive science, 4*(4): 717–730, 2012

Being there: Putting brain, body, and world together again

Clark, A.. MIT press, 1998

#### Embodied cognition is not what you think it is

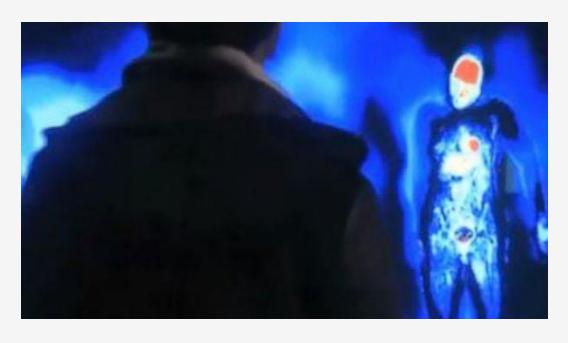
Wilson AD, Golonka S Frontiers in psychology, 4., 2013



# **Related Work : Augmented Reality**



(1) Magic Mirror [Ma Meng & all, 2013]



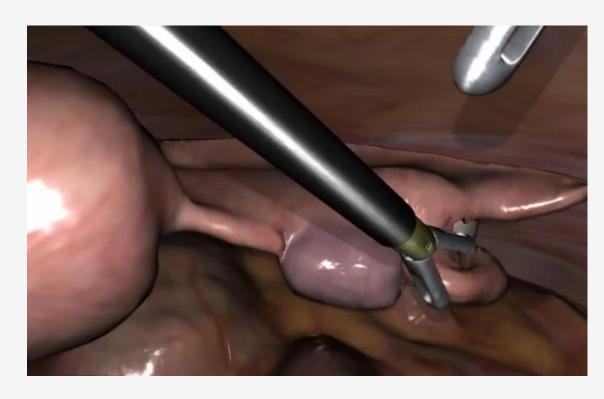
**Digital Mirror** [University of Paris-South, 2014]

### (1) Kinect for Interactive AR Anatomy Learning

Ma Meng, Pascal Fallavollita, Tobias Blum, Ulrich Eck, Christian Sandor, Simon Weidert, Jens Waschke, Nassir Navab1 IEEE Virtual Reality, 2012



# Related Work: Anatomy in Motion



Medical Simulator[LapSim, 2012]





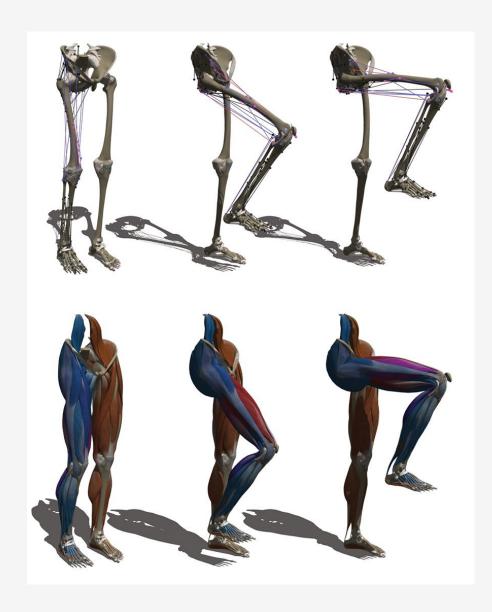
(1) [Ming Zeng & all, 2014]

(1) Biomechanical Analysis of Typical Upper Limb Movements Based on Kinect-LifeMOD

Ming Zeng, Changwei Chen, Qinghao Meng, Honglin Ren, Shugen Ma Applied Mechanics and Materials, Vols, 599-601 (2014) pp 534-538



## **Overview**



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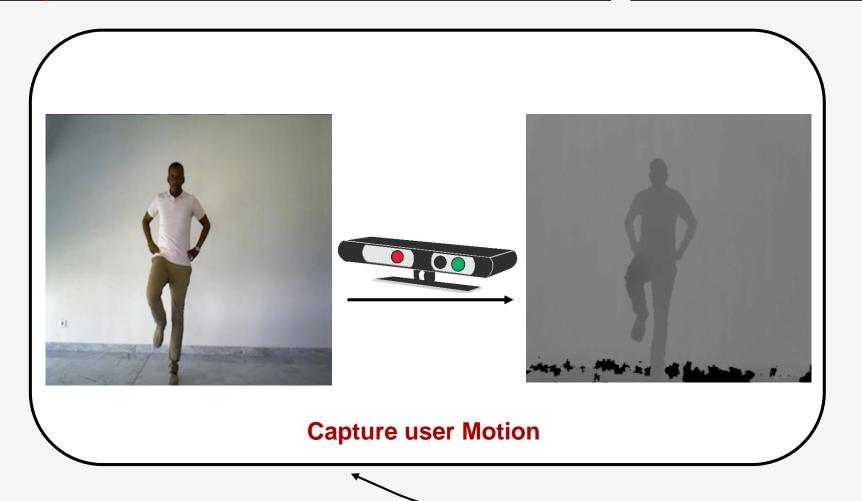
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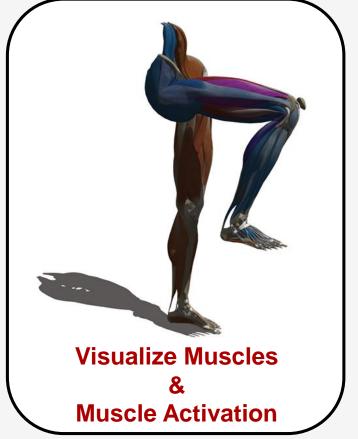
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# **Key Contribution**

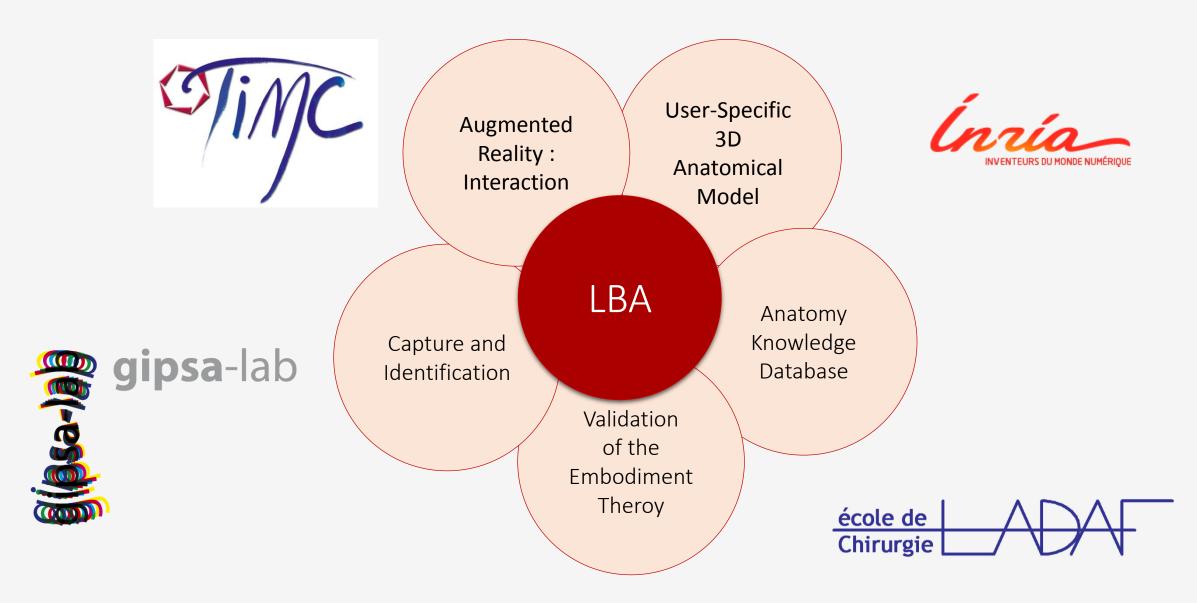




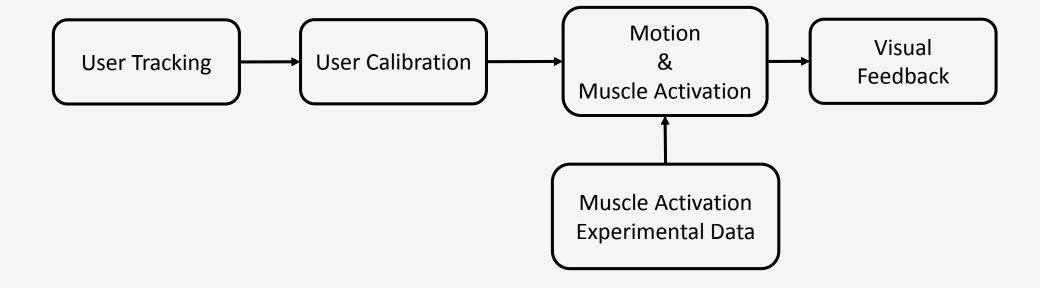
**Improve Learning Process** 



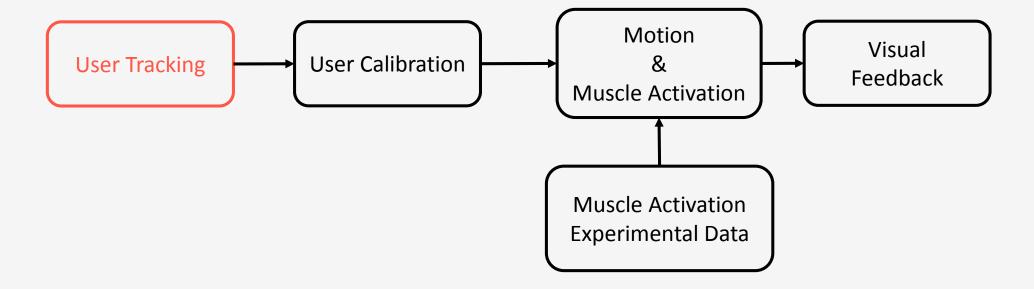
# **Collaboration Work**













# **User Tracking**

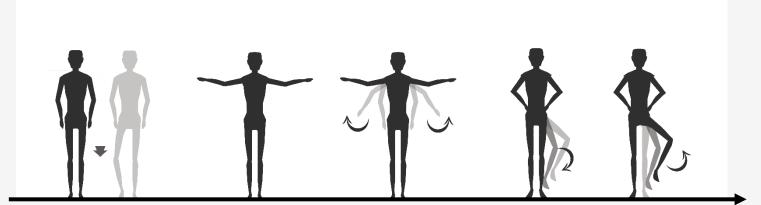




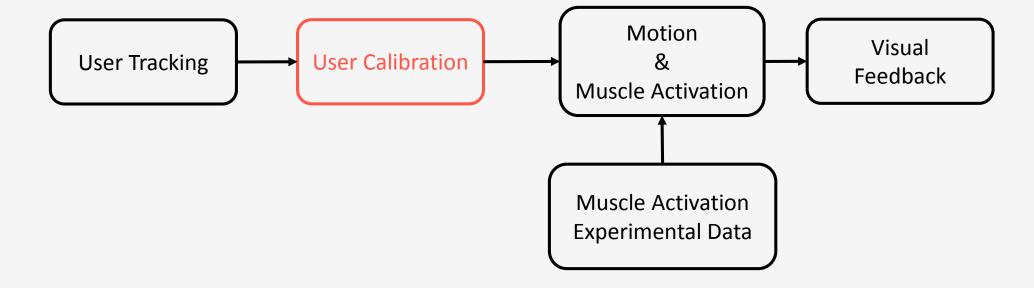






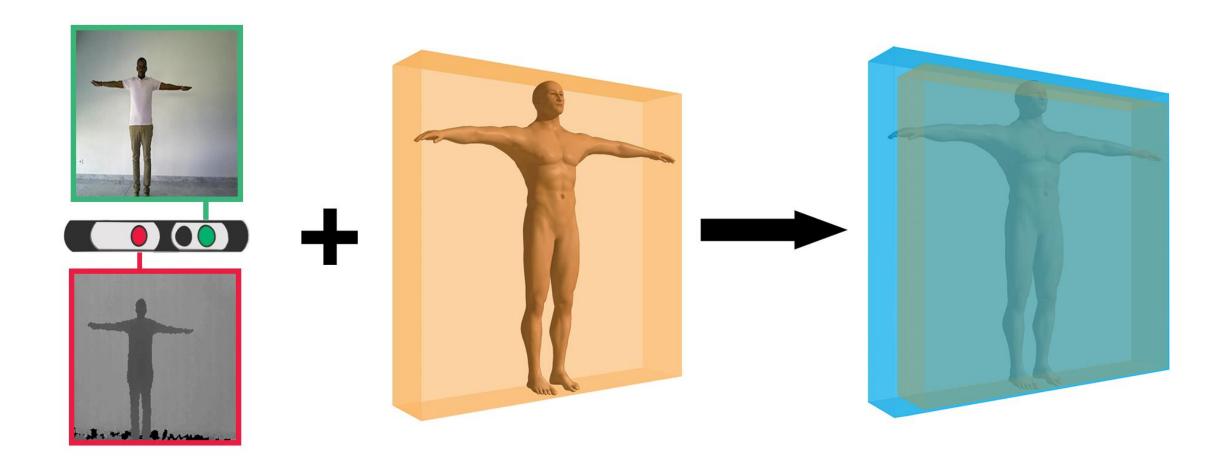




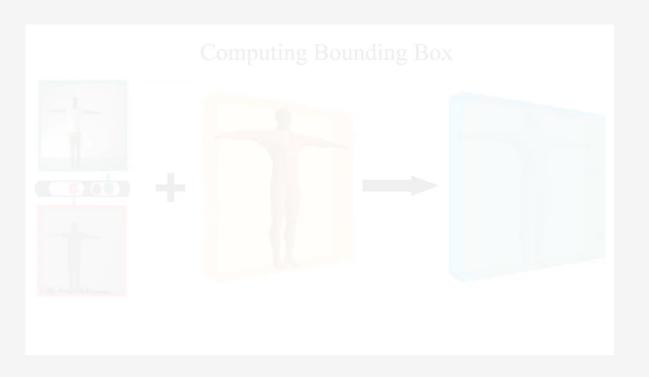


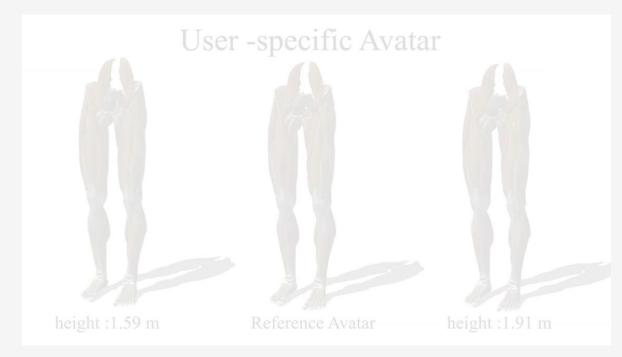


# **User calibration**

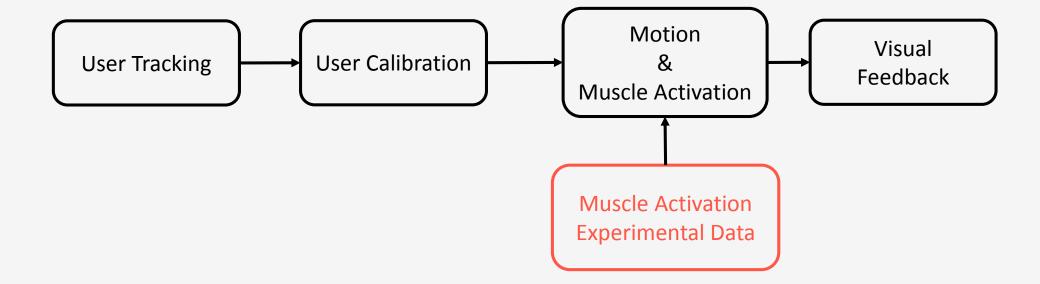








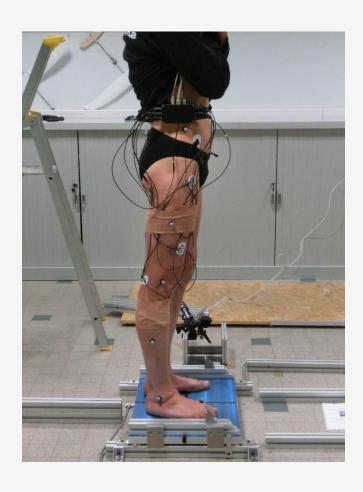






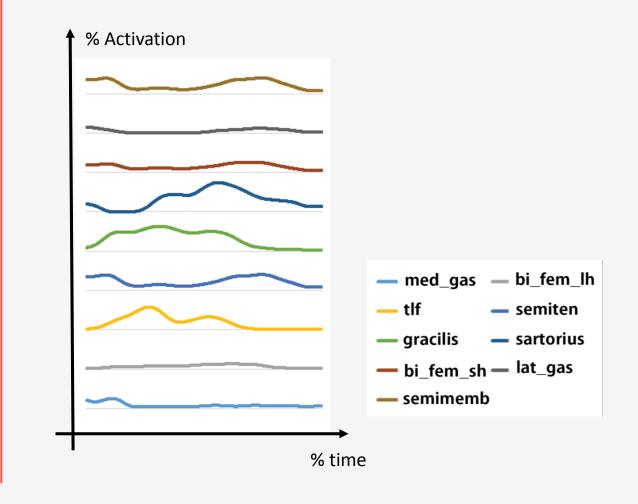
# **Experiment (EMG)**

# Right Leg: Flexion/Extension cycle in no-load conditions



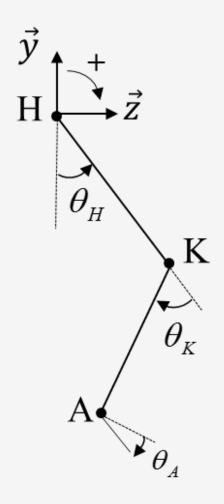
## **Healthy subject:**

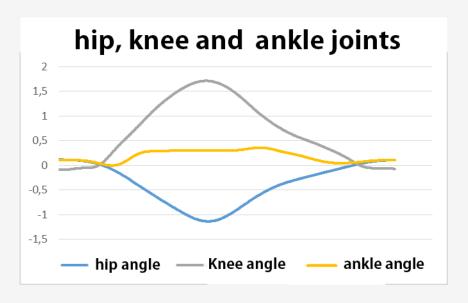
- 48 years old
- 186 cm
- 77 kg





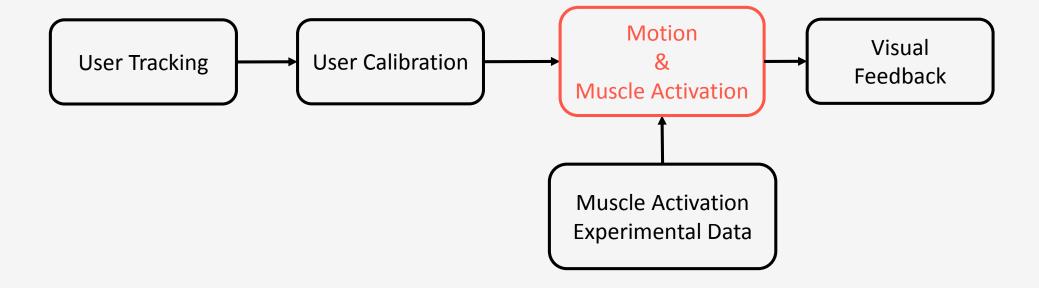
# **Output of Experiment**





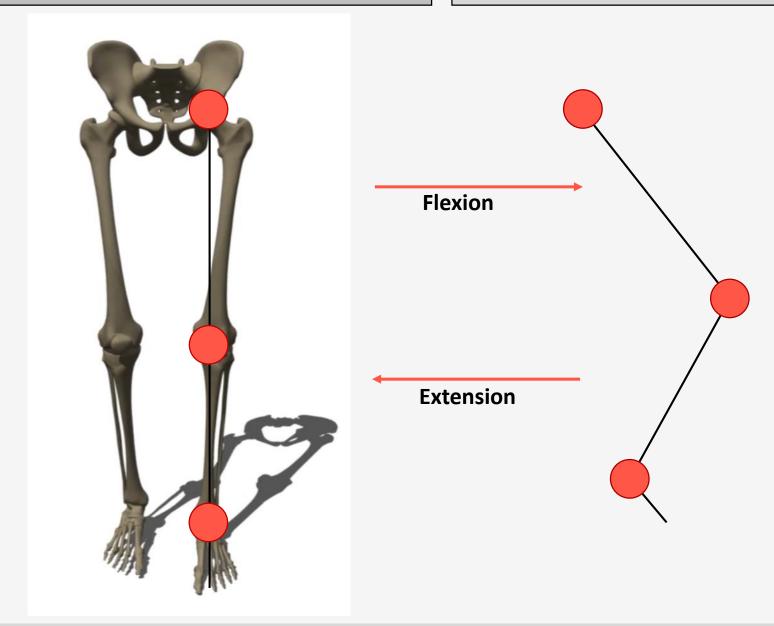
Intersegmental angles were calculated at ankle, knee and hip joints







# **Motion and Muscular Validation**

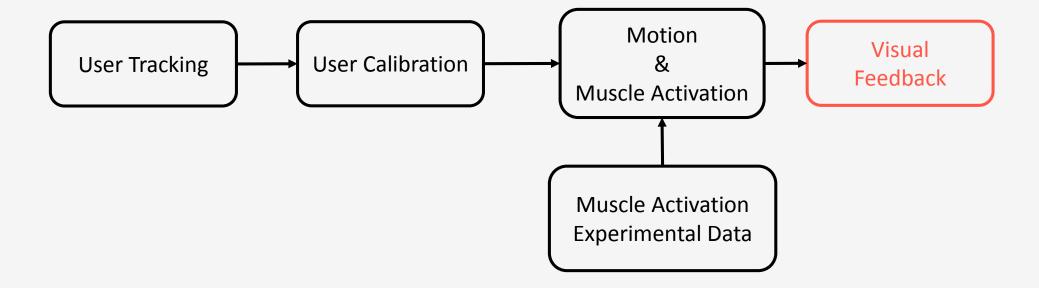




# **Visualization of Activation**

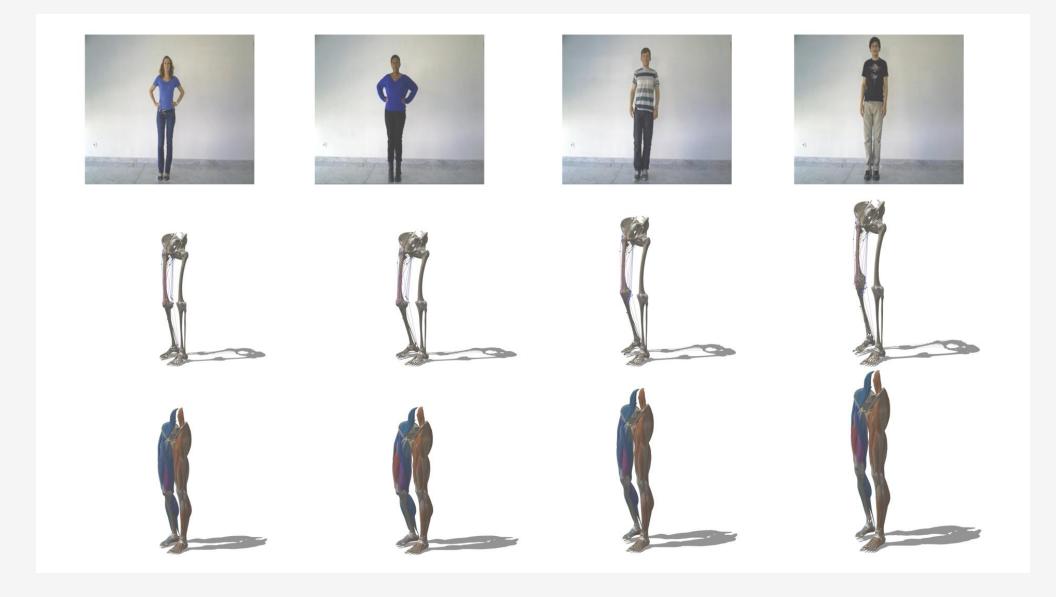
# Visualization of Activation





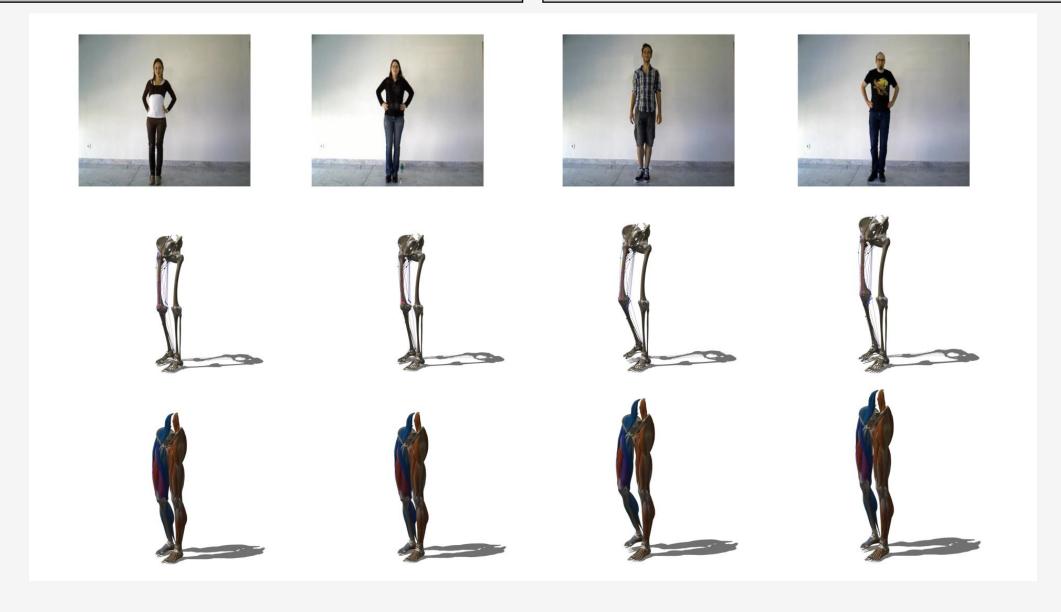


# Results



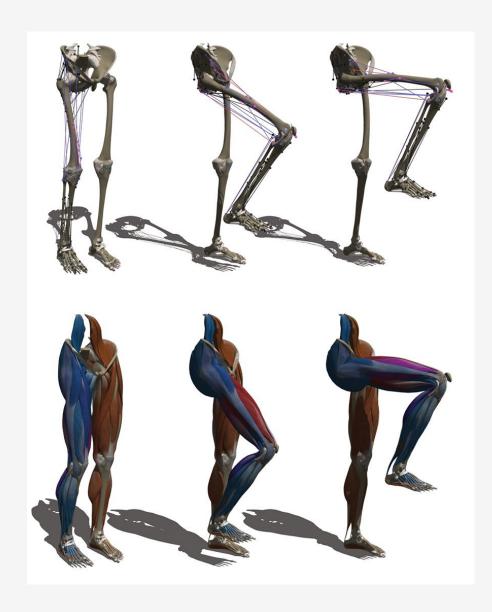


# Results





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## **Anatomy Lesson**

Purpose: Ease the **Learning Process** of the <u>lower limb</u> musculoskeletal system.

## Muscular Activity is essentially studied by :

- Physiotherapy Students
- Medical Students

Same knowledge but different level of details

**Requirements**: Osteology and Arthrology of lower limb

#### **Lesson:**

- 1- Explain the lower limb movement
- 2- During motion : show bones *name, joint*
- 3- During motion : show a muscle name, morphology, function, insertion, and innervation
- 4- During motion : show region of muscles name, function and distribution
- 5- Same movement with different Velocities



## **Conclusion**

## **Conclusion:**

- **Validate** the theory of **Embodiment**
- Innovative Aplication : **Visualization** of Human Body **Kinetics**
- Displaying Muscle Activation

With accurate anatomically-based models and realistic motion learning anatomy will be eased

## **Future Work:**

- AR Visual Feedback
- **Improve** the **avatar personalization** to <u>reinforce embodiment</u>
- **Visualize** information on <u>other limbs motions</u>
- Automatically detect the <u>user motion</u> and <u>deliver knowledge accordingly</u>



# Thank you for your attention!

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